



Breakfast is good!

Breakfast is good for trombonists who...

- Want to play with exquisite intonation
- Seek an efficient warm-up routine
- Want improved slide technique
- Like disciplined, structured drills
- Must adjust to a new instrument or mouthpiece
- Return from vacation or a long period without practice
- Would like a more musical metronome
- Want to focus on the music more than technique
- Seek improved range, flexibility, tone, and endurance
- Must use practice time efficiently



\$13.95

Contents and Musical Benefits

Equal temperament enriches our music by permitting modulation among keys and modes. Resonance and harmonic purity are reduced in favor of flexibility. Excellent ensembles restore the richness of pure harmony by tuning intervals to those shown in the Appendix. Many other intervals are used in music, but this volume and disk are limited to the most consonant intervals. Consonant intervals produce the fewest but strongest resultant pitches, sums and differences of pitches played. Thus, when an equal tempered fifth is widened by two percent of a semi-tone (two “cents”) and when an equal tempered fourth is narrowed by two cents, more pleasing overtones and undertones emerge to accompany the music.

Breakfast includes four types of accompanied exercises: scales, chords, intervals, and a missing note exercise.

The **scale exercises** and accompaniments demonstrate the pure harmonic placement of intervals. You can also play your own scales, or scale patterns, against tonic drones by turning the balance control to the far right for exercises #1 through #8.

Musicians at all levels of experience will enjoy the **chord and arpeggio exercises** and pure harmony accompaniments in *Breakfast*, exercises #9 through #12.

Advanced players will benefit from the **interval exercises** from Arban’s Method. Drones are provided to accompany exercises #16 and #17.

Beginners will find the **missing note exercise**, Pezel’s Sarabande, produces immediate new appreciation of precise, consonant intervals. The accompaniment also facilitates long-tone practice for players, at all ability levels, using exercise #18.

The drills in *Breakfast* move through the keys at fast pace and include repetition. Rehearsal and mastery of all the slide position patterns allows us to give more of our conscious attention to the music rather than the mechanics of playing.